



# RETURN TO PLAY: PHASES\*

## Phase 4

- Date may begin Phase 4: August 8, 2020
- Competition between teams from different clubs may begin (“inter-club”); coaches must maintain 6 foot physical distance
- OUTDOOR fields only; Parents & spectators maintain 6 feet of physical distance from each other at all times



### PLAYERS

- > Communicable disease waiver MUST be on file
- > No handshakes, hugs, high fives, fist or elbow bumps, or any other deliberate contact
- > No sharing waterbottles or other equipment like pinnies
- > Regularly monitor/take temperature & stay home if have fever
- > If have a known exposure to Covid-19, or show any signs/symptoms, DO NOT return to training for 14 days
- > Bring hand sanitizer to training sessions and games, and use often
- > Wear mask when arriving to and leaving field (not to be worn during activity)



### COACHES

- > Maintain 6 foot physical distance from players
- > Only one coach should handle equipment; DON'T allow players to grab cones, etc..
- > Equipment must be sanitized between every training session
- > Best practice to assign a pinnie to each player to use and take home to wash between sessions
- > Keep an attendance log for each session
- > Reinforce behavior: NO handshakes, high fives, sharing waterbottles, etc...
- > Encouraged to wear masks while coaching



### PARENTS & SPECTATORS

- > Child's communicable disease waiver already on file
- > May be present on sidelines, maintaining physical distance of 6 feet at all times
- > Wash assigned pinnie between each session
- > Monitor child for signs/symptoms of Covid-19, including regular temperature checks prior to training
- > Keep child away from training environment for 14 days if has known exposure to Covid-19 or displays signs/symptoms such as fever



\* Requirements & considerations for each phase are subject to change if/as conditions warrant. Future RTP date phases will be determined if/as we get through each successive phase. UPDATED 7/31/20